

There's a Psalm for This

Things change. It's a fact of life. Nowadays, things change even faster. I read somewhere once that it used to be expected that children would grow up in a world mostly like their parents' world, but today, that's no longer the case. Even in my own life, the changes have been massive. It used to be ridiculous to say "Where are you?" when calling someone on the phone. The rise of social media has changed the way we interact with each other even in the last 10 years. And now, here in Utah, we're facing another somewhat drastic change (even if a temporary one) as the governor has announced restrictions on gathering together socially with anyone we don't live with.

It's a lot of changes, and during this pandemic it seem like the only constant has been change. And yet, the God we worship doesn't change. God is always there through whatever is happening around us. When the world changes, and when life seems so uncertain, we can be certain about God's presence and faithful love.

Psalm 62:1-2,5-12 (CEB)

For the music leader. According to Jeduthun. A psalm of David.

Only in God do I find rest; my salvation comes from him.
Only God is my rock and my salvation— my stronghold!—I won't be shaken anymore.

Oh, I must find rest in God only, because my hope comes from him!
Only God is my rock and my salvation—my stronghold!—I will not be shaken.
My deliverance and glory depend on God. God is my strong rock. My refuge is in God.
All you people: Trust in him at all times!
Pour out your hearts before him! God is our refuge! *Selah*

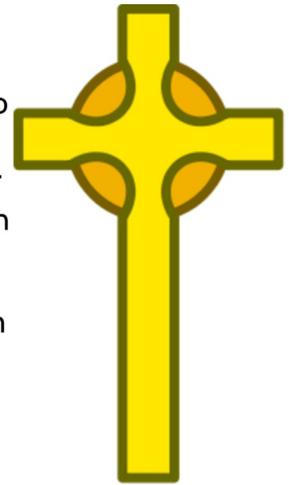
Human beings are nothing but a breath. Human beings are nothing but lies.
They don't even register on a scale;
taken all together they are lighter than a breath!
Don't trust in violence; don't set false hopes in robbery.
When wealth bears fruit, don't set your heart on it.
God has spoken one thing—make it two things—that I myself have heard:
that strength belongs to God, and faithful love comes from you, my Lord—
and that you will repay everyone according to their deeds.

Whatever our world looks like tomorrow, next week, next month, next year, next decade, next whatever; God is God. It's reassuring to know that the God we worship is the same God Abraham walked with, the same God who David sang to, the same God who spoke to the prophets, the same God who Paul wrote about. With our world changing around us, whatever human decisions are being made, however uncertain we feel, "strength belongs to God, and faithful love comes from [God]"

Pastor Mike Galica

Holy Cross Announcements

We are in the **Season after Pentecost**, when we are shaped by the Holy Spirit to learn and grow as followers of Jesus Christ. Our readings begin with creation and progress through the prophets, telling us the story of God's people prior to the coming of the Messiah. Our paraments are green to reflect our growth as disciples of Jesus.



Katie Kihlstadius has started a “**Marco Polo**” **Prayer Group**. If you'd like to join an online group devoted to praying for our churches, communities, and world, reach out to her at 801-675-6279 for more info!

In lieu of collecting coats, **Box Elder Interfaith Council** is collecting money to purchase new coats during spring sales to donate to schools in the fall. If you'd like to donate to the coat drive, send it to the church marked “Interfaith Council Coat Drive”.

Because of our county's “High” Transmission Level, **we will be meeting online-only until that Transmission Level changes**. We feel this is our best path forward to show love to all our neighbors, especially as our hospitals and medical works are overwhelmed.

Our state and local health departments' COVID-19 Transmission Level for our county is “High”. This means social gatherings are limited and mask-wearing is required in public spaces. This is in addition to all the regular recommendations of practicing physical distancing, good hygiene practices, and staying home when sick. For more information visit coronavirus.utah.gov.

The **Be Ready Utah Expo** team is hosting a FREE public virtual conference to discuss preparedness for all of the different disaster events we've experienced in Utah this year. They'll cover pandemic, earthquake, flood after fire, surviving without power, water storage, disaster mental health, conversations on preparedness, and disaster myths. The two-day webinar will run from 1:00 to 5:00 p.m. with four different sessions each day, Friday, November 13 and Saturday, November 14, 2020.

If, while we can't meet together, you want to still give an offering to the church, you can mail it to PO Box 732, Brigham City UT, 84302. The post office box gets checked regularly and your giving will be secure.

Please let me know if you have any updates for our **Prayer List**. Out of concern for people's privacy, I haven't been adding specific prayers to our church livestream, but we continue to pray for all those needs and concerns.

Sunday School for children is recessed. Adult Sunday is posted to YouTube on Sunday mornings.

Holy Cross Quilters will continue refraining from meeting.

This Week's Readings:

24th Sunday after Pentecost – *God Calls Isaiah* – Isaiah 6:1-8; Luke 5:1-11

Next Week's Readings:

Christ the King Sunday – *God Promises a New Covenant* – Jeremiah 36:1-8, 21-23, 27-28, 31:31-34; Luke 22:14-20

Prayer List

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." — Phil 4:6

Keep the following in your prayers

Elias, Pastor Mike's friend's son, is in the hospital. Prayers for wisdom for doctors and healing for him.

Sheryl, Walter Quick's sister-in-law, prayers as she awaits a liver transplant.

Brooks, Ryan, Kendra, and family, friends of Lexa. Prayers for healing for Brooks and for strength and peace for the family.

Pastor Neil Arnold & Noah, for healing from COVID-19.

Mary, daughter-in-law of Pastor Mike's friends, prayers for healing.

Lisa Weaver, friend of Kosbabs, is home but still has a long recovery ahead.

Bob Morstadt, for a successful hip replacement and uneventful recovery.

Debbie, Bob & Jean Quick's daughter-in-law, is out of the hospital but still needs prayers for health.

Sherri Rackham recovering after a dog bite.

Chris, Ashley, and family, Jeff Hoedt's son and daughter-in-law, for health and safety during pregnancy.

Jae-Han, Young's brother, with stomach cancer, for protection and comfort for him and his wife.

Our vulnerable populations, especially those with underlying health conditions, the homeless, and those lacking access to proper medical care in this time.

Nora Greer, for healing.

Trudee Klein, friend of Deborah Kay, for healing from cancer.

Tom & Jeanette Croft, friend of Kosbabs, for healing.

Abby Rasmussen and family, friends of Kosbabs, as she struggles with cystic fibrosis.

John Buist, our custodian, for continued health problems.

Lynne, Robert Quick's wife, with health issues.

Aleasa, Robert Quick's daughter, with health issues.

Mark Sparkman, Quick's son-in-law, recurring health problems.

Gloria Perry, for healing from health problems.

Box Elder County Jail Ministry, that the inmates may respond to the Gospel.

Deborah Kay Hansen, prayers for healing from recurring health problems.

Give thanks to God

Claudia Long, Andrea's mom, is doing much better but still needs prayer for strength and health.

Tripp, newborn son of Lexa and Kyler, is off oxygen and doing much better.

Doug Anderson, family of Lexa, is doing better.

Keep those in prayer who are in harm's way

Medical professionals and all who are continuing to work during this pandemic.

Braxton Jeppsen, serving in the US Navy.

Let Pastor Mike know if there are any petitions you wish to add to our Prayer List. If you added someone to the prayer list, please update us on how they are doing! We love to celebrate praises as well as petitions.