

There's a Psalm for This

Since we're studying the Psalms in church for the next 4 weeks, I thought it might be good to share some of my favorite Psalm-like songs outside the book of Psalms, starting with Exodus 15, the song of Moses after Israel crossed the Red Sea and God saved them from the Egyptian army.

Exodus 15:1-6, 11-13, 17-18 (CEB)

Then Moses and the Israelites sang this song to the Lord:

I will sing to the Lord, for an overflowing victory! Horse and rider he threw into the sea!
The Lord is my strength and my power; he has become my salvation.
This is my God, whom I will praise, the God of my ancestors, whom I will acclaim.
The Lord is a warrior; the Lord is his name.

Pharaoh's chariots and his army he hurled into the sea;
his elite captains were sunk in the Reed Sea.
The deep sea covered them; they sank into the deep waters like a stone.
Your strong hand, Lord, is dominant in power; your strong hand, Lord, shatters the enemy!

Who is like you among the gods, Lord?
Who is like you, foremost in holiness, worthy of highest praise, doing awesome deeds?
You raised your strong hand; earth swallowed them up.
With your great loyalty you led the people you rescued;
with your power you guided them to your sanctuary.

You brought them in and planted them on your own mountain,
the place, Lord, that you made your home, the sanctuary, Lord, that your hand created.
The Lord will rule forever and always.

Moses; and later in the chapter, his sister Miriam; rejoice over the victory God won for God's people. This song concludes the "Egypt" portion of the Exodus story, with God's people freed from their enslavement and beginning a time in the desert – initially a short time, but one that ended up being 40 years of wandering in the wilderness.

The Exodus event is the defining moment of God's people, Israel. It marks their beginning as a nation, the work of God to bring them safely out of the land, and the power of God to rescue them even from the most powerful nation they know. "Who is like you among the gods, Lord?" indeed! God, the Lord, is stronger than all the gods of Egypt, after all.

And so, God's people Israel sing together – they sing of God's mighty act of rescue, an act that continued to be recounted across the generations until even we still celebrate God's rescue of Israel.

Pastor Mike Galica

Holy Cross Announcements

We're in the **Season after Pentecost**, a time in the church year of studying the Scriptures in order to learn to follow Jesus more closely. Our paraments are green to symbolize growing more Christ-like each day.

The **Bear River Health Department** is administering COVID-19 vaccinations to all those over 12! For more information and to check availability, visit <https://brhd.org/covid-19-vaccine-information/>

Our state and local health departments' COVID-19 Transmission Level for our county is "Medium". This means that we will be now offering in-person worship again! Please review the Holy Cross COVID-19 plan on our website to review the requests and requirements for meeting together.

If you're a Thrivent member, you may have **Thrivent Choice Dollars** to distribute! Visit thrivent.com/thriventchoice or call 800-847-4836 to find out if you are eligible.

If you want to give an offering to the church but are either unable to or don't feel comfortable with attending in person, you can mail it to PO Box 732, Brigham City UT, 84302. The post office box gets checked regularly and your giving will be secure.

Sunday School for children and adults is recessed.

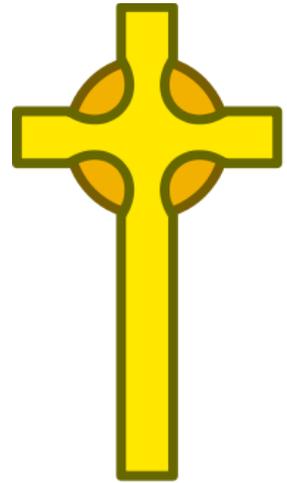
Holy Cross Quilters will continue refraining from meeting.

This Week's Readings:

3rd Sunday after Pentecost – *Psalms: Psalm 13* – Psalm 13; John 1:1-18

Next Week's Readings:

4th Sunday after Pentecost – *Psalms: Psalm 23* – Psalm 23; John 6:35-40



Prayer List

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." — Phil 4:6

Keep the following in your prayers

Matt Long, Andrea's brother, for healing and a successful surgery.

Matt, Deborah Kay's cousin, for healing.

Tyson, Michelle's dad's friend's son, for mental health.

Our vulnerable populations, especially those with underlying health conditions, the homeless, and those lacking access to proper medical care in this time.

Nora Greer, for healing.

Trudee Klein, friend of Deborah Kay, for healing from cancer.

Tom & Jeanette Croft, friend of Kosbabs, for healing.

Abby Rasmussen and family, friends of Kosbabs, as she struggles with cystic fibrosis.

John Buist, our custodian, for continued health problems.

Lynne, Robert Quick's wife, with health issues.

Aleasa, Robert Quick's daughter, with health issues.

Mark Sparkman, Quick's son-in-law, recurring health problems.

Gloria Perry, for healing from health problems.

Box Elder County Jail Ministry, that the inmates may respond to the Gospel.

Deborah Kay Hansen, prayers for healing from recurring health problems.

Give thanks to God

Sharon, who is recovering well from her surgery!

Claudia Long, Andrea's mom, is doing much better but still needs prayer for strength and health.

Keep those in prayer who are in harm's way

Medical professionals and all who are continuing to work during this pandemic.

Braxton Jeppsen, serving in the US Navy.

Let Pastor Mike know if there are any petitions you wish to add to our Prayer List. If you added someone to the prayer list, please update us on how they are doing! We love to celebrate praises as well as petitions. Out of concern for people's privacy, we no longer speak people's names in the worship service, but we continue to pray for all their needs and concerns.