

## There's a Psalm for This

The descriptions of Psalms are kind of interesting. They're little editorial comments that aren't usually considered inspired, like the rest of the works of Scriptures, but have also been passed on for centuries associated with these particular Psalms. They're almost like the section headings that show up in many Bibles, except quite a bit older!

These headings give some background on the occasion and purpose of the Psalm, or provide musical notes (psalms are songs, after all). But sometimes these notes don't always make sense – they don't seem to fit with the content of the Psalm. Psalm 30 is one of those examples. It's a “song for the temple [or house] dedication”, but it's all about being saved by God? That doesn't seem to fit.

### **Psalm 30 (CEB)**

*A psalm. A song for the temple dedication. Of David.*

I exalt you, Lord, because you pulled me up; you didn't let my enemies celebrate over me.  
Lord, my God, I cried out to you for help, and you healed me.  
Lord, you brought me up from the grave,  
brought me back to life from among those going down to the pit.

You who are faithful to the Lord, sing praises to him; give thanks to his holy name!  
His anger lasts for only a second, but his favor lasts a lifetime.  
Weeping may stay all night, but by morning, joy!

When I was comfortable, I said, “I will never stumble.”  
Because it pleased you, Lord, you made me a strong mountain.  
But then you hid your presence. I was terrified.  
I cried out to you, Lord. I begged my Lord for mercy:  
“What is to be gained by my spilled blood, by my going down into the pit?  
Does dust thank you? Does it proclaim your faithfulness?  
Lord, listen and have mercy on me! Lord, be my helper!”

You changed my mourning into dancing.  
You took off my funeral clothes and dressed me up in joy  
so that my whole being might sing praises to you and never stop.  
Lord, my God, I will give thanks to you forever.

But then again, maybe that *is* the point. Maybe the best time to remember the thing that God has done is when building a house. We're not sure what “house” the description is talking about. It could be God's temple; it could be David's palace; it could be David's dynastic “house”. Either way, house means something somewhat permanent. It's something that's built to last. It's settling down.

That sounds like a great time to celebrate the path it took to get to that permanence, and celebrate the role God played in getting us there. David is doing just that, celebrating God's role in getting him to where he is. Let's do just that, and rejoice in God's provision and salvation to bring us to where we are.

Pastor Mike Galica

## Holy Cross Announcements

We're in the **Season after Pentecost**, a time in the church year of studying the Scriptures in order to learn to follow Jesus more closely. Our paraments are green to symbolize growing more Christ-like each day.

The **Bear River Health Department** is administering COVID-19 vaccinations to all those over 12! For more information and to check availability, visit <https://brhd.org/covid-19-vaccine-information/>

If you're a Thrivent member, you may have **Thrivent Choice Dollars** to distribute! Visit [thrivent.com/thriventchoice](http://thrivent.com/thriventchoice) or call 800-847-4836 to find out if you are eligible.

If you want to give an offering to the church but are either unable to or don't feel comfortable with attending in person, you can mail it to PO Box 732, Brigham City UT, 84302. The post office box gets checked regularly and your giving will be secure.

**Sunday School** for children is recessed.

**Adult Sunday School** videos are posted to the church's YouTube page on Sunday mornings.

**Holy Cross Quilters** will start meeting again on October 20 at 9:30 AM.

### **This Week's Readings:**

17<sup>th</sup> Sunday after Pentecost – *Binding of Isaac* – Genesis 21:1-3,22:1-14; John 1:29-34

### **Next Week's Readings:**

18<sup>th</sup> Sunday after Pentecost – *Jacob's Dream* – Genesis 27:1-4,15-23, 28:10-17; John 1:43-51



# Prayer List

*"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." — Phil 4:6*

## **Keep the following in your prayers**

**Brenda**, Pastor Mike's cousin, with pancreatic cancer.

**Alan**, Pastor Mike's cousin, having a triple bypass.

**Shirley**, Pastor Mike's great-aunt, with heart and lung issues.

**Holly**, Bob Kosbab's cousin's daughter, hospitalized with COVID-19.

**Bob Quick**, for healing

**Ann**, Jeff Hoedt's daughter, **and her baby due in October**. Ann has gestational diabetes.

**Matt Long**, Andrea's brother, for healing and a successful surgery.

**Matt**, Deborah Kay's cousin, for healing.

**Tyson**, Michelle's dad's friend's son, for mental health.

**Our vulnerable populations**, especially those with underlying health conditions, the homeless, and those lacking access to proper medical care in this time.

**Trudee Klein**, friend of Deborah Kay, for healing from cancer.

**Tom & Jeanette Croft**, friend of Kosbabs, for healing.

**Abby Rasmussen and family**, friends of Kosbabs, as she struggles with cystic fibrosis.

**John Buist**, our custodian, for continued health problems.

**Lynne**, Robert Quick's wife, with health issues.

**Aleasa**, Robert Quick's daughter, with health issues.

**Gloria Perry**, for healing from health problems.

**Box Elder County Jail Ministry**, that the inmates may respond to the Gospel.

## **Give thanks to God**

**Claudia Long**, Andrea's mom, is doing much better but still needs prayer for strength and health.

## **Keep those in prayer who are in harm's way**

**Medical professionals** and all who are continuing to work during this pandemic.

**Braxton Jeppsen**, serving in the US Navy.

*Let Pastor Mike know if there are any petitions you wish to add to our Prayer List. If you added someone to the prayer list, please update us on how they are doing! We love to celebrate praises as well as petitions. Out of concern for people's privacy, we no longer speak people's names in the worship service, but we continue to pray for all their needs and concerns.*