

There's a Psalm for This

Who do you trust? Who do you honor? Who do you worship? It may well be that your first instinct hearing these questions (especially from your pastor!) is to answer, "God." Mine was! But then I thought about it, and I realized I have a lot of people and I things that I trust more than God. For one, I trust myself more than God more often than I like. I think, *I can work my way out of this situation* before I think, *I should pray about this*. I forget that, in the words of Psalm 115, "God is [my] help and shield."

Psalm 115 (CEB)

Not to us, Lord, not to us—

no, but to your own name give glory because of your loyal love and faithfulness!

Why do the nations say, "Where's their God now?"

Our God is in heaven—he can do whatever he wants!

Their idols are just silver and gold—things made by human hands.

They have mouths, but they can't speak. They have eyes, but they can't see.

They have ears, but they can't hear. They have noses, but they can't smell.

They have hands, but they can't feel. They have feet, but they can't walk.

They can't even make a noise in their throats!

Let the people who made these idols and all who trust in them become just like them!

But you, Israel, trust in the Lord! God is their help and shield.

Trust in the Lord, house of Aaron! God is their help and shield.

You who honor the Lord, trust in the Lord! God is their help and shield.

The Lord remembers us and will bless us:

God will bless the house of Israel; God will bless the house of Aaron;

God will bless those who honor the Lord—from the smallest to the greatest.

May the Lord add to your numbers—both you and your children.

May you be blessed by the Lord, the maker of heaven and earth!

The highest heaven belongs to the Lord, but he gave the earth to all people.

The dead don't praise the Lord, nor do those who go down to silence.

But us? We will bless the Lord from now until forever from now!

Praise the Lord!

That's the main point of this psalm: trust God and glorify God first. Because God is who God is. It's something I need to remember often. So because the Lord our God remembers us – because God is our help and shield – we can turn to God first and be blessed, along with the Psalmist, from now until forever from now.

Pastor Mike Galica

Holy Cross Announcements

We're in the **Season after Pentecost**, a time in the church year of studying the Scriptures in order to learn to follow Jesus more closely. Our paraments are green to symbolize growing more Christ-like each day.

Pastor Mike is away this weekend, so please welcome back **Jim Nelson**, Utah Area Rep. Fast Lane for the Christian Motorcyclists Association, who is preaching on Sunday!

The **Bear River Health Department** is administering COVID-19 vaccinations to all those over 12! For more information and to check availability, visit <https://brhd.org/covid-19-vaccine-information/>

If you're a Thrivent member, you may have **Thrivent Choice Dollars** to distribute! Visit thrivent.com/thriventchoice or call 800-847-4836 to find out if you are eligible.

If you want to give an offering to the church but are either unable to or don't feel comfortable with attending in person, you can mail it to PO Box 732, Brigham City UT, 84302. The post office box gets checked regularly and your giving will be secure.

Sunday School for children is recessed.

Adult Sunday School videos are posted to the church's YouTube page on Sunday mornings.

Holy Cross Quilters will start meeting again on October 20 at 9:30 AM.

This Week's Readings:

18th Sunday after Pentecost – *Jacob's Dream* – Genesis 27:1-4,15-23, 28:10-17; John 1:43-51

Next Week's Readings:

19th Sunday after Pentecost – *God's Name Is Revealed* –

Exodus 2:23-25, 3:1-15, 4:-10-17; John 8:48-58



Prayer List

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." — Phil 4:6

Keep the following in your prayers

Brenda, Pastor Mike's cousin, with pancreatic cancer.

Alan, Pastor Mike's cousin, having a triple bypass.

Shirley, Pastor Mike's great-aunt, with heart and lung issues.

Holly, Bob Kosbab's cousin's daughter, hospitalized with COVID-19.

Bob Quick, for healing

Ann, Jeff Hoedt's daughter, **and her baby due in October**. Ann has gestational diabetes.

Matt Long, Andrea's brother, for healing and a successful surgery.

Matt, Deborah Kay's cousin, for healing.

Tyson, Michelle's dad's friend's son, for mental health.

Our vulnerable populations, especially those with underlying health conditions, the homeless, and those lacking access to proper medical care in this time.

Trudee Klein, friend of Deborah Kay, for healing from cancer.

Tom & Jeanette Croft, friend of Kosbabs, for healing.

Abby Rasmussen and family, friends of Kosbabs, as she struggles with cystic fibrosis.

John Buist, our custodian, for continued health problems.

Lynne, Robert Quick's wife, with health issues.

Aleasa, Robert Quick's daughter, with health issues.

Gloria Perry, for healing from health problems.

Box Elder County Jail Ministry, that the inmates may respond to the Gospel.

Give thanks to God

Holly, Bob Kosbab's cousin's daughter, is home from the hospital!

Claudia Long, Andrea's mom, is doing much better but still needs prayer for strength and health.

Keep those in prayer who are in harm's way

Medical professionals and all who are continuing to work during this pandemic.

Braxton Jeppsen, serving in the US Navy.

Let Pastor Mike know if there are any petitions you wish to add to our Prayer List. If you added someone to the prayer list, please update us on how they are doing! We love to celebrate praises as well as petitions. Out of concern for people's privacy, we no longer speak people's names in the worship service, but we continue to pray for all their needs and concerns.